

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carlu Prinsloo**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2017 #7**

held at Cowhouse Market.

**TIME 01:16:28**

**PACE 05:04/km**

**OVERALL 7 of 41**

**GENDER 6 of 23**

**14 - 19 2 of 3**

12 November 2017, Sun

Date



*BoutTime*

Signature

